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Total Consecration helps us imitate Christ

The Holy Father experienced – literally – the Prayer, Protection, Perfection of this devotion

HAVERTOWN, Pa., May 17, 2011 – The Total Consecration to Jesus through Mary, embodied in the concept of “Prayer, Protection, Perfection,” played a significant role in the spiritual life of Blessed Pope John Paul II. The late Pontiff also came to believe it played a significant role in protecting his physical life.

“Many Christians saw Christ in John Paul, which is why he was so loved by so many,” said Anthony Mullen, executive director of the Children of the Father Foundation – sponsor of MyConsecration.org “I believe the act of his Consecration was a signal grace that formed John Paul further into the image of Christ. We are called to follow his outstanding example as the Vicar of Christ.

“As the Pope recovered from the bullet wound suffered during the 1981 attempt on his life, he grew to believe that Our Lady protected him – her hand guiding the bullet that miraculously missed his heart by millimeters so that he avoided suffering a fatal wound,” Mullen added.

“We know that the Total Consecration embodies three fundamental elements – Prayer, Protection, Perfection,” Mullen added. “Blessed Pope John Paul II understood this, and he recognized it through the attempt on his life. He also clearly saw the connection to the Total Consecration and the Catholic Church’s Corporal Works of Mercy.”

Jesus made clear that man helping man is among the purest of Christian virtues. “Whatever you do for the least of my brothers and sisters, you do for me.” (Matthew 25:40).

“Not only did Blessed John Paul II forgive Mehmet Ali Agca, the Turkish gunman who shot him on May 13, 1981, but he visited Agca in prison to do so,” Mullen explained. “That embodies one of the Corporal Works of Mercy – Visit the Imprisoned – and it emphasizes the concept of forgiveness that is a lynchpin of Christ’s teachings.”

Blessed John Paul II completed the Total Consecration to Jesus through Mary, and he called his Marian devotion a critical element of his spiritual life. The Holy Father adopted “Totus Tuus” (Totally Yours) as his personal motto.

Visit MyConsecration.org to learn more about the Total Consecration, and to order the free resources for completing it. To request an interview with Anthony Mullen, please contact Tim Lilley at The Maximus Group at (678) 990-9032 or TLilley@MaximusMG.com.

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